

Sessile Court

Short-term supported housing



Sessile Court provides supported living accommodation to people with mental health needs.

- There are 14 flats over three floors, with two flats on the ground floor, which can be adapted to accommodate wheelchairs.
- Each flat has an open plan kitchen, lounge area with separate bathroom and bedroom.
- The accommodation is based in Hayes, a short distance from the town centre and is in walking distance of local shops and main bus routes.
- There is a communal garden space at the rear of the building.
- This is a short-term service of up to two years.
- Staff are on site **24 hours a day, 7 days a week**, to provide tailored support to the customers.

Flat 14, Sessile Court, 111 Maple Road, Hayes, Middlesex, UB4 9LS.

Telephone: 0208 845 3091



About our Mental Health Floating Support Service and Out of Hours Telephone Support Service

Our Mental Health Floating Support Service

Our specialist Mental Health Floating Support Service is designed to meet the needs of individual customers, whether they live in any of the supported living schemes or in the wider community.

The service is provided as part of a contract with The London Borough of Hillingdon and covers a wide range of activities including support with:

- independent living skills
- liaising with benefit agencies
- attending health appointments
- managing your tenancy
- social and learning activities
- well being and general support

We offer this service to customers with mental health needs.

This is a short-term service of up to two years. Referral is by a Mental Health Professional.

Staff are available between the hours of 08.30am to 18.00pm Monday to Friday.

Out of Hours Telephone Support Service:

The Telephone Support Service is for current customers and those who have previously received support from our Hillingdon Floating Support service, who may be in crisis or at a risk of crisis.

Please contact the Telephone Support Service on our freephone telephone number **0808 196 2148** if you are feeling unable to cope and need reassurance and guidance.

Out of Hours Telephone Support Service hours:

The Telephone Support Service operates between: **Monday to Friday 17:00pm to 08:00am and 24 hours on Saturdays and Sundays.**

Call telephone number: 0808 196 2148



The Hillingdon Mental Health Wellbeing Service



The service supports customers with their mental health needs, and daily living skills, to enable them to access the community and maintain their recovery.

www.ability-housing.co.uk

About Ability Housing Association

Ability Housing Association provides housing and care and support services for people who want to live more independently.

We provide housing, care or support services to more than 1,000 people in 25 boroughs across London and the South of England.

We provide services including supported living, short-term supported housing, floating support and residential care.

Our mental health and wellbeing service consists of Hayes Park Lodge, Hamlet Lodge, Sessile Court, a Mental Health Floating Support Service and an out of hours Telephone Support Service.

Our Hillingdon services at Hayes Park Lodge, Hamlet Lodge and Sessile Court provide person-centred support, helping customers to make informed choices and achieve their aspirations, and ensure their safety and wellbeing, working in partnership with families and agencies.

This includes support in areas including; daily living skills, and budgeting; education, training, voluntary work and employment; healthcare appointments; leisure and culture; accessing the community; building relationships; repairs; health and safety and wellbeing; and drug and alcohol support/signposting.

Customer Needs

• Unmotivated, or having a chaotic lifestyle	• Substance misuse
• Presenting challenging and/or anti-social behaviour	• Needing support to manage medication
• History of being evicted from accommodation	• Being at risk of exploitation or harm from others
• At risk or already engaged in, offending behaviour	• History of alleging harm from staff and/or other tenants
• High risk of suicide and/or self-harming behaviours	• Escalated needs that rapidly develop, including within a 24hr period

Hayes Park Lodge

Short-term supported housing



Hayes Park Lodge provides supported living accommodation to people with mental health needs. The service supports customers to live independently in the community.

- It consists of 20 flats: four buildings of four flats each, two bungalows and two flats above the staff offices in the main building.
- All flats are self-contained with one bedroom, a separate bathroom, lounge and kitchen.
- There is plenty of parking, a gated entrance and a large communal garden with patio area.
- The accommodation is within walking distance to Hayes town centre; Uxbridge is a 10-minute bus ride. There are plenty of local shops and amenities and good public transport links.
- Hayes Park Lodge is a short-term service for up to two years.
- Staff are on site **24 hours a day, 7 days a week**, to provide tailored support to customers. **A sleep in is provided from 22:00pm – 07:00am.**

Hayes End Road, Hayes, UB4 8EH

Telephone: 0208 848 7192



Hamlet Lodge

Short-term supported housing



Hamlet Lodge provides supported living accommodation to allow people with mental health needs to live independently in the community.

- The building has nine flats over three floors, each containing one bedroom, a separate bathroom, lounge and kitchen. There is a lift to all floors.
- There is a car park area for six cars and a large communal garden at the back of the property.
- The accommodation is within walking distance of the local town and a 15-minute bus ride to both Hayes and Uxbridge.
- There are plenty of local shops and amenities and good public transport links.
- Hamlet Lodge is a short-term service of up to two years, for vulnerable adults with mental health needs.
- Staff are on site **24 hours a day, 7 days a week**, to provide tailored support to the customers. **A sleep in is provided from 22:00pm-07:00am.**

291 Long Lane, Hillingdon, UB10 9JY

Telephone: 01895 230783

